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ABSTRACT OF THE DISCLOSURE

[0034] Methods of treating subterranean zones and treating fluids are provided. The methods are basically comprised of preparing or providing a subterranean zone treating fluid comprising an aqueous fluid and an additive for preventing the swelling and migration of formation clays in the subterranean zone selected from the group consisting of 1-carboxy-N,N,N-trimethyl methanaminium chloride, 2-hydroxy-N,N,N-trimethyl ethanaminium acetate, and 2-hydroxy-N,N,N-trimethyl 1-propanaminium acetate.